

COURSE NAME

CODE NO.

I. COURSE DESCRIPTION:

This course is a continuation of PSY 102. It will focus on the psychology of human behaviour. Areas of study will include the following:

1. human (lifespan) development
2. personality theories
3. stress coping
4. psychological disorders
5. psychotherapies
6. social psychology

It is anticipated that student learning will be enhanced by the discussions of contemporary issues affecting the science of psychology and human behaviour.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE

Upon successful completion of this course the student will demonstrate the ability to:

Re: Module #17: Infancy and Childhood

1. describe the influences of "nature" and "nurture" during prenatal and child development.
2. identify and describe the main childhood developmental tasks (milestones) of cognitive, language, social and emotional development.
3. explain the main concepts of theories of childhood cognitive, language, and social development.

Re: Module #18: Adolescence and Adulthood

1. identify and describe the main developmental task (influences) during adolescent through to later adult development.
2. explain the main concepts of theories of: (1) moral (Kohlberg), (2) cognitive (Piaget), (3) psychosocial (Erikson) and (4) personality development during adolescence through to later adulthood.

Re: Modules #19 and #20 Personality: Freudian, Humanistic, Social Learning and Trait Theories

1. define what personality is.
2. list and identify the major theories of personality development, including Freudian, neo-Freudian, trait theories, behavioural and social cognitive theories, humanistic theories and the biological theories.
3. identify and discuss the three major methods used in personality assessment, i.e. (1) observation, interviews, and rating scales, (2) inventories and (3) projective tests.

Re: Module #21 Health, Stress and Coping

1. define what stress is and recognize the stress response from a physiological perspective as well as a cognitive perspective.
2. identify and classify sources of stress.
3. explain the factors affecting stress, its effects on health and disease, and identify techniques for coping.
4. describe post traumatic stress disorder.
5. explain the link between stressful lifestyles and disease.

Re: Modules #22 and #23 Psychological Disorders

1. define and discuss what is abnormal behaviour and factors related to abnormal behaviour.
2. list and describe various disorders such as anxiety disorders, somatoform, an dissociative disorders, schizophrenia and delusional disorders, mood disorders, personality disorders, and sexual disorders.
3. examine major causes of abnormal behaviour from the five major schools of psychology i.e. biological, psychoanalytic, behavioural, cognitive and humanistic.

Re: Modules #24 Therapies

1. describe and explain the main concepts of (1) insight, (2) behaviour, (3) cognitive, (4) humanistic and (5) biological therapies.
2. compare and contrast the major therapeutic paradigms involved in the major schools of psychotherapy.
3. discuss and compare the effectiveness of various therapies.

Re: Module #25 Social Psychology

1. define social psychology
2. describe the factors influencing human attraction
3. cite research examples illustrating conformity, obedience, and compliance.
4. explain the effects of the group on individual performance and decision making.
5. describe the cognitive, emotional and behavioural positions as they relate to attitudes and behaviour.
6. explain the biological, frustration-aggression and social learning theories of aggression.

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III. TOPICS

***IMote:** Additional readings and student viewing of audio-visual materials will be assigned during the course at the discretion of the instructor, The exact date of tests will be announced in class. Students will also be responsible for understanding audio-visaul material, lecture and class discussion material presented during the course.

1. Human Development: Infancy and Childhood
2. Human Development: Adolescence and Adulthood
3. Personality Theories: Freudian and Humanistic
4. Personality Theories: Social Learning and Traits
5. Psychology of health, stress and coping
6. Psychological Disorders: Definition and Anxiety Disorders
7. Psychological Disorders: Mood disorders and Schizophrenia
8. Psychotherapies
9. Social Psychology

Note: Students should also refer to the course text's accompanying "study guide" for more specific learning objectives related to each topic area covered in the course.

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

1. Introduction tQ. Psychology, 4th Edition, 1996 by Rod Plotnik, Brooks. Cole Publishing Co.
2. Recommended optional resource
Study Gjiide foi Plotnik's Introduction to Psychology
Prepared by: Matthew Enos

EVALUATION PROCESS/GRADING SYSTEM

1. Instructional Methodology:

Student learning will be facilitated by lectures, class and group discussion, audio visual presentations and simulation exercises.

2. Evaluation:

Students will be responsible for regular attendance and class participation in all area of the course as outlined and for all readings and tests as requested. The course content and evaluation can be modified at the discretion of the instructor.

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V. EVALUATION PROCESS/GRADING SYSTEM (Continued)

3. Final Testing

The final course grade will be determined as follows:

Test #1	20%
Test #2	20%
Test #3	20%
Test #4	20%
Assignments	20%

Note: Scheduled Tests/Assignments:

If a student misses an assignment due date or a scheduled test as a result of a verifiable illness or incident, the instructor will determine the student's eligibility for an extension or to write at a later date, based on mutual respect, courtesy, and accountability! The touch-tone/24-hour number allows you to immediately notify the instructor with your name, message and phone number.

METHOD OF ASSESSMENT (GRADING METHOD)

The following letter grades will be assigned in accordance with the grading policy of Sault College:

A+	Consistently outstanding	(90%-100%)
A	Outstanding achievement	(89%-89%)
B	Consistently above average achievement	(70%-79%)
C	Satisfactory or acceptable achievement in all areas subject to assessment	(60%-69)
R	Repeat — The student has not achieved the objectives of the course, and the course must be repeated.	(Less than 60%)
CR	Credit exemption	
X	A temporary grade, limited to situations with extenuating circumstances, giving a student*-additional time to complete course requirements.	

NOTE: Students may be assigned an "R" grade early in the course for unsatisfactory performance.

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VI. SPECIAL NOTES:

Special Needs

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493, 717, 491 so that support services can be arranged for you.

Plagiarism

Students should refer to the definition of "academic dishonesty" in the "Statement of Student Rights and Responsibilities".

Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course.

In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Advanced Standing

Students who wish to apply for advanced credit in the course should consult the instructor and the program coordinator.

Retention of Course Outlines

It is the responsibility of the student to retain all course outlines for possible future use in gaining advanced standing at other post-secondary institutions.